



THE BOYS' BRIGADE

BB NEWS

Official publication of The Boys' Brigade in Singapore

MCI (P) 002/11/2021



Issue

APR

2022

www.bb.org.sg



CONTENTS

Welcome BB Recruits!	3
Leading the Self	6
Celebrating our Founding	8
Are you proud of yourself?	10
Company Challenge	11
Starting New BB Companies	12
Consecrating Colours	13
Adventure Quest (JP)	14
Primers Summit	15
Out to Sea	16
Bonding Time	18



The opinions expressed in the above articles are the personal view of the writers and do not necessarily represent the policies of The Boys' Brigade.

The Boys' Brigade Headquarters is relocating to 10 Kwong Avenue! We aim to realise our BB Vision of Nurturing Young Lives and Promoting Intergenerational Community Life at the new premises with a Fundraising Goal of \$1.9 million. We are an Institution of Public Character, hence donations will garner 2.5 times tax deduction. Please support us!

By Giving.SG webpage: Using QR code here
or https://www.giving.sg/the-boys-brigade-in-singapore/newbbhq_2022

By Cheque: Addressed to The Boys' Brigade in Singapore and mailed to
1200 Sembawang Road Singapore 758526. Do indicate "New BBHQ
Development Fund" at the back of the cheque.





WELCOME BB RECRUITS!

Companies were busy at the start of 2022, working hard to attract a new batch of recruits to join BB! With safe management measures in mind, they worked to showcase what the BB offers to the Secondary 1s.

39th Coy

Swiss Cottage Secondary



"It was pretty fun as we got to showcase BB activities that we would organise pre-COVID. We set up a bicycle, kayak and archery stations."

CPL Edric Lee

"I was scared that the CCA trials would be difficult but I ended up enjoying cooking the omelette. I joined The Boys' Brigade as I felt that I would be able to do adventurous activities!"

PTE Rohan Kumaresan



WELCOME BB RECRUITS!



Riverside Secondary



"During the CCA Exploration Day, I learnt about the different badges and ranks within the BB. The pipe band experience drove me to join as it would be a unique experience for me to try and this is the only CCA that has it!" *PTE Woong Pize Jared*

"Not only was the CCA Exploration Day enriching, but I think it was also a successful one. As a leader, I was delighted to hear that we convinced 16 new Boys to join! It is so wonderful to see others join the Brigade not just as a CCA, but more importantly, as a movement too. All in all, I cannot wait to see the new Boys get enrolled into the Brigade and be part of our BB family."

SSG Lim Brien, Company Secretary

"As we introduced the plethora of fun activities that the BB offers, such as kayaking, BB Blaze adventure race and camping, the students immediately got excited. Exhibiting our bagpipe music also brought applause. It was great to see that our hard work had paid off with the new recruits. This experience has also strengthened my confidence in public speaking.

SGT Casimsiman Jared Maynard C.



Bowen Secondary

9th Westwood Secondary



WELCOME BB RECRUITS!



**Jurongville
Secondary**



JOIN US NOW!



"We had big hopes for the trial parade as we had planned arduously for two weeks. However, at the first trial parade, we only had six Secondary 1s interested. We had to brainstorm to resolve the issue of the Secondary 1s struggling at certain stations and having no time to try others. We finally figured a way to solve it, and it worked! From this experience, I learnt that when we work as a team, we can achieve better results."

SGT Cayden Lee

"This experience taught me how to handle the stressful unexpected problem during the first trial parade. I also had fun sharing with Boys about BB as I was once in their shoes."

Overall, I enjoyed the new connections we built and strengthening the bonds with the Secondary 2 and 3 Boys."

SGT John Sunil

50th Gan Eng Seng Secondary

**COME JOIN US FOR A FULL OUT
'NERF WAR' - where the FUN awaits!**



49th St Hilda's Secondary





LEADING THE SELF FOR A TRANSFORMED SELF

POH LEONG BERG, BRIGADE PRESIDENT

Sun Tzu, in his book, 'The Art of War', wrote "Know thy self, know thy enemy. A hundred battles, a hundred victories". The principle here is that when we recognize the strengths and weaknesses of ourselves and our enemies, it will enable us to make decisions in difficult situations and circumstances that favour us, leading to victory even against a superior enemy.

An enemy is like obstacles and challenges in our pathway. We can only identify some things as obstacles or challenges when we know what our pathway is. If we are unaware of ourselves, we might miss or mistakenly identify some things as obstacles when they might actually be an enabler that supports us in our journey. Hence, knowing and leading ourselves should be the priority. Until we know and lead ourselves well, we cannot overcome the "enemy", and in fact we become our own worst "enemy".

There are two characteristics to leading the self for a transformed self.

1 Self-Awareness (Knowing)

Self-awareness is knowing who we are, what our purpose and goals are, what our abilities are, what our strengths are, and recognising that we have areas in life that we can work on through development opportunities, and areas in life where we can make improvements. When we lead ourselves well, i.e. by exercising good self-leadership, we will have a comprehensive understanding of who we are and be able to identify what we want to achieve.

Therefore, the key thing before we do anything is for us to take stock of our lives and be honest with where we are at the moment. The ability to accurately assess our strengths and weaknesses is important.



This is something that we learn to do over time with the support of one or more persons. We need to have others during this process when learning about ourselves. Parents, mentors, good friends, or colleagues can help us to identify blind spots so that we do not get blind-sided by our own imperfections and shortcomings. Through this process, we can develop a daily awareness of ourselves, including our strengths, weaknesses, our abilities, and our limits.

2 Self-Management (Doing)

Self-management is the ability to plan, direct, and control our own efforts to become a better self. It is about taking responsibility for our own behaviour, nurturing and harnessing our passion, abilities, emotions and leadership capacity in decision-making to prepare for the future, while owning our present. Leading the self draws on our strengths, as well as areas for personal development to strengthen and build our capability and capacity. If we continually invest in our development, the inevitable result will be growth over time. The learning process to have a transformed self takes effort and is ongoing, a result of discipline, purposeful practice, and determination. It is about getting a little better every day and building on the previous day's progress.





WE CAN LEAD OURSELVES EFFECTIVELY BY

- 1 Developing a growth mindset
- 2 Making personal growth a priority
- 3 Filling our minds and thoughts with positive things
- 4 Taking initiative in all circumstances
- 5 Creating time and space to reflect on one's own life
- 6 Having an attitude of continuous learning
- 7 Determining and following through on our priorities



39th Swiss Cottage Secondary

To transform our lives to be a better self and be successful with what we want to do, we need to lead ourselves well and exercise self-discipline, making it our way of life; and we can do so through developing methods, systems, and routines to facilitate our long-term growth. What we do on a disciplined and consistent basis gets us ready, no matter what the goals, obstacles or challenges are. If we want to be the best we can be, whatever that 'best' is, it is what happens in our daily routine, our daily learning, and our daily growing. It is a long journey and requires perseverance. We must stop any tendency to make excuses as it will prevent us from becoming our better self and prevent us from creating a better tomorrow for ourselves and others.

The best time to start leading the self for a transformed self is Today!





12 Jan BB Day

BB Singapore celebrated its 92nd BB Day on 12 January 2022 across all Companies in schools island-wide. Here's how **22J Singapore Company at Anderson Primary School** (started in 2020) commemorated the day by leading the school's morning flag raising ceremony!

1st Singapore Company, 1930s



1

Flag bearer Cheong Jun Chun shared that he felt a sense of mission, pride and honour during the unforgettable flag raising moment in the school hall.

His father said that it brought back fond memories for him as well, for he had performed the same role at the parade square during his school days!

2



Company Commander Jake Ng led the school in pledge taking.

Squad Commander Bryan Ang led the BB contingent comprising Leong Shon Anh, Aston Khoo, Jae Foo and Larsen Lim.

3



4

During the ceremony, Junior G. Arjjun shared his experiences in the BB: "I learnt good qualities such as being punctual, responsible and even being attentive! Most importantly, I enjoy the teamwork and friendships made in the BB."



12 Jan
BB Day

Celebrating
our Founding



58th Riverside Secondary



121 Anglo-Chinese School
(Independent)



12BRJ Anglo-Chinese
School (Primary)

103rd Pasir Ris Crest Secondary



A commemorative speech by the BB's Honorary President, LG (Ret) Winston Choo was broadcasted in schools with BB.

64th Ang Mo Kio Secondary



Happy BB Day from 12J

12J Anglo-Chinese
School (Junior)



ARE YOU PROUD OF YOURSELF?

REV DANIEL TONG
BRIGADE CHAPLAIN

This question may be answered in various ways. You may answer, “Yes, I am,” conceitedly, uncertainly, or with all humility. You might answer, “No, I’m not,” honestly, sheepishly, or with false humility. Regardless, the question: Are you proud of yourself? serves to help us reflect on whether we are living our lives to the best it may be lived, revealing ourselves to be worthy of being respected and looked up to by fellow Officers and Boys of the Brigade, and beyond.

None of us are perfect, but we should all strive to be better, the best we can be, each and every day. Of this, Ephesians 4:21–24 encourages: Since you have heard about Jesus and have learned the truth that comes from him, throw off your old sinful nature and your former way of life, which is corrupted by lust and deception. Instead, let the Spirit renew your thoughts and attitudes. Put on your new nature, created to be like God – truly righteous and holy. (NLT)

We can’t change the past, but we can choose to put it behind us and strive to be better. The ideal for us to pursue is our Lord Jesus, who lived an exemplary life of diligence and dedication, gracious forgiveness and sacrificial love. Who paid the price to free us from our sin, and paved the way for the Holy Spirit to be present in our lives today to empower the renewing of our and attitudes, the transformation our lives into the ideal that is our Lord Jesus.

Are you proud of who you are and how you are living your life today?

If you are, great, but don’t rest on your laurels. There is much more of the life and teachings of our Lord Jesus we can and should grow into.

If you’re not, will you accept the truth of the life and teachings of our Lord Jesus, chose this day to put aside your old sinful former life, and commit to pursue a transformation and growth into His image?

While there is still one breath in us, there is still time for us to improve and change. Chose this day to pursue and grow into our Lord Jesus’ truth of how our lives are to be lived, less we be shamed when asked the question:

Are you proud of yourself?



COMPANY CHALLENGE

EUGENE HO, ACTING CAPTAIN



Anglican High School

The desire to have more games rather than badgework in this endemic situation was a feedback that the Company took seriously.

Since the beginning of this year, we have held monthly Company Challenges.

In January, our Primers organised a skills-based challenge, with station games such as static physical training, knot tying, BB knowledge and soccer. The Boys raced around the school to compete in these activities to earn points for their teams.

For February, the Secondary 3 Boys were mentored by the Primers and they decided to have a games-based challenge instead!

“My batchmates and I applied the adventure knowledge that we were taught through friendly competition. Working together with my squad mates also allowed me to know them better. We pushed beyond our physical limits in the PT challenge and cheered each other on as we attempted the tough sets. It was both a fun and meaningful experience that I will look forward to every month now!”

CPL Damien How

“I found planning for the Company Challenge a very fulfilling experience as it honed my leadership skills. This also provided a platform for Boys to apply what they have been taught during parades, and for everyone in the Company to work with Boys from different batches.”

CLT Anson Chan



2022

Starting New BB Companies

Primers Programme

We have started two new Primers Companies this year!

ITE College East sponsored by Bethesda (Bedok-Tampines) Church

ITE College West sponsored by Good Gifts City Church

1



FILM NEGATIVE



FILM NEGATIVE

FILM NEGATIVE

2



Preparation for community service with Yong-en Care Centre



3

Juniors Programme

We have also started a new BB Company in **Valour Primary School (68J)** in Punggol, sponsored by Bethesda Community. Rotational CCA trials have just started. Watch this space for more updates!





Consecrating Colours

JOHN SEET, ACTING CAPTAIN

The 36th Singapore Company at Compassvale Secondary School celebrated its 20 Anniversary with a loud bang, combining its Colours Consecration with a Promotions Ceremony. On 17 December 2021, the Company held the hybrid event with parents, Old Boys, Officers, Primers and sponsoring church members at Chapel of the Resurrection as well as Secondary 1 to 3 Boys online. The Company had an uplifting time with speeches by Brigade President Mr Poh Leong Berg and School Principal Mr Chia Chor Yann, a bagpipe performance and the significant Colours March-in. The momentous event concluded with the Boys' promotion awards and graduation from the Company.



"I provided onsite AV and logistical support. We had help and guidance from our Officers when there were difficulties in performing our assigned tasks. It was touching to hear that the Officers worked so hard for this day. Mr Leroy shared that he waited seven years for this moment when the Company gets to consecrate its very own Colours. It is an honour to be part of the team that made this solemn yet grand event possible."

SSG Yeo Keng En



"I was in charge of the drill movements for the event. We practiced very hard and even during odd hours as well. It was rather daunting knowing that there are "invisible" audiences watching from BB Companies in Singapore and even Thailand, as the 2nd Chonburi Company joined us online. It was a very significant milestone that marks the appreciation of the sweat and tears of the alumni for the past 20 years, as well as a future for 36th Singapore Company."

Officer Theodor Gunawan

ADVENTURE QUEST (JUNIORS PROGRAMME)

2 March – 6 April 2022

This year, the Brigade-level competition that the Primary 6 Boys had eagerly awaited for has returned! However, due to COVID-19 restrictions, the activities would be held in a distributed fashion. We bring you along the journey taken by 5J Singapore Company (Kuo Chuan Presbyterian Primary School) for some of the individual quests!

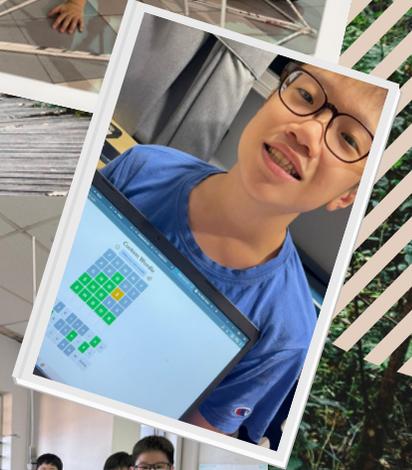


6 BASE GAMES

1. BB Knowledge
2. Navigation & Orienteering
3. First Aid Knowledge
4. Physical Activities
5. Drill Commands
6. Knots

5 BONUS GAMES

1. Building a catapult
2. Building an unsupported structure
3. Dropping egg off a building
4. BB Wordle Puzzles
5. Jump Ropes

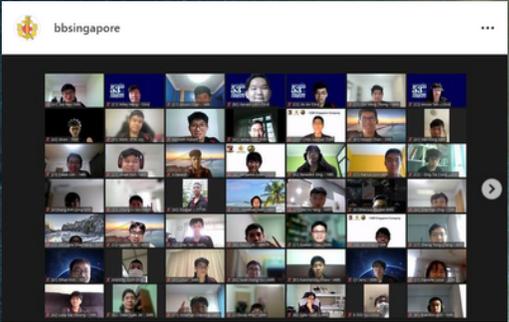




We continue to equip our BB Primers with a multitude of skills for their personal growth with 62 in attendance!

The topics covered included:
Introduction to Coaching
Instructional Techniques

The 21 Irrefutable Laws of Leadership
Speaking the Right Love Language
Introduction to Global Humanitarian Issues
& Advocacy



Primers Summit

**01/22
19 FEB**

With the first Primers Summit of the year, our Primers took up courses on "The 21 Irrefutable Laws of Leadership" and "Speaking the Right Love Language".

These experiences provided opportunities for the Primers to learn more on how to truly care and serve the Boys, motivate and empower the Boys and develop loving and caring relationships with them, living out the theme of ONEHeart, ONESoul and ONETwelfth.

"Caring, sharing and lifting up Boys - It's not about us as leaders, it is about them."

"Strive towards to becoming a person of significance; not just about lifting someone when they are down, be a listening year and how we can advance and add value to others."

"Effectively forge heart to heart connections with the Boys."

"Opportunities to try and fail - Encourage rather than reprimand allowing for them to fail forwards rather than backwards"

"A leader is a catalyst" - Create an atmosphere where the Boys Are willing to follow "Share and motivate the Boys - That is what a leader is about."

Sure and Stedfast!

SCL Samuel Chan
Head Primer



OUT TO SEA

Adventure is a big part of the BB journey and we are glad to offer stand-up paddling and kayaking activities, in addition to archery, for Boys in our Adventure Open House on 12 and 26 February! There was good weather for both days, so Boys could enjoy an awesome day outdoors!



Hillgrove Secondary



"What attracted me to join BB was the CCA trials. For example, we did tent pitching and trying out the cool uniforms! Since I joined, the BB has been very fun with playing games with our seniors as well as today's kayaking session! The instructors even gave us a mission to splash them wet with our paddles, but it was difficult as they were so far away!"
PTE Qian Si Yuan (pictured left)

"My brother was also a BB Boy and he's now a Primer in the same Company. He shared with me about exciting activities he enjoyed in the BB. I'm glad that I can now take part in such activities too!

My friends helped me while we were kayaking so it wasn't too difficult, but we did keep knocking the kayaks of our seniors."
PTE Alden Koh (pictured right)





OUT TO SEA



Regent Secondary

LCP Tang Qi Xiang was excited for his day out at sea on 26 February and said, "it's because we finally got to try something new for the first time after a year of mostly online parades!"

He added, "I'm glad I could do this today even though I don't have a great sense of balance for stand-up paddling. I'd come back and do this again with my cousin, who introduced me to BB!"



LCP Kayden Lim shared, "It is my first time and initially, I was apprehensive as I was concerned that I wouldn't be able to manoeuvre the paddle. I overcame my fear despite having difficulties balancing myself. I was able to stand up steadily on the paddle, the outcome of my perseverance and remaining calm!"

Recruit PTE Tan Hao Yu also enjoyed the feeling of being in the water as he had not been in the pool since the pandemic hit, and hopes there would be more activities like this in his BB journey!





BONDING TIME



60th Raffles Institution Rafting



34th Marsiling Secondary Archery



62nd Orchid Park Secondary Inline skating



48th Zhonghua Secondary Kayaking



103rd Pasir Ris Crest Secondary Air Rifle Shooting



BONDING TIME



94th Nan Hua High School Pipes & Drums



103rd Pasir Ris Crest Secondary
Hobbies badge

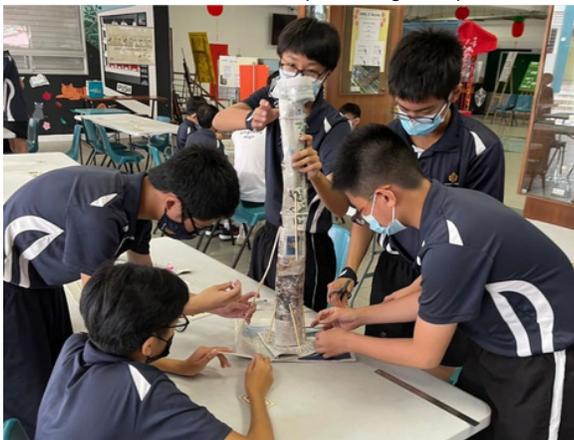


fun games prepared by seniors, primers & officers!

11th Christ Church Secondary
Recruits/Leadership Training Camps



61st Queensway Secondary
Making handmade decorations for Saint Andrews Nursing Home



14th Anglican High Leadership Activity



25th Hillgrove Secondary
Annual Hike

LEVEL UP YOUR PARENTING GAME

START A JUNIOR
SHARE BUILDERS PLAN
TODAY



Gain access to Stocks or ETFs from
as low as \$100 monthly



Benefit from the power of
Compounding Interest



Enjoy 12-month handling fee rebates



www.poems.com.sg | 6531 1555 | talktophillip@phillip.com.sg

Follow PhillipCapital on      

Brought to you by Phillip Securities Pte Ltd (A member of PhillipCapital)

Co. Reg. No. 197501035Z



*Terms and Conditions apply. All forms of investments carry risks, including the risk of losing more than the invested amount and may not be suitable for everyone. Please ensure you fully understand the risks and costs involved by reading the Risk Disclosure on www.phillip.com.sg. This advertisement has not been reviewed by the Monetary Authority of Singapore.